


**Monday**

**Tuesday**

**Wednesday**

**Thursday**
**Friday**

**5**  
Cereal Bowl  
Dried Fruits Fresh/Chilled Fruit  
Low Fat Milk

**6**  
Apple Frudel  
Fresh/Chilled Fruit  
Low Fat Milk

**7**  
WG Belgian Waffle or Poffitz  
100% Fruit Juice/ Fresh Fruit  
Low Fat Milk

**1**  
WG Muffin  
Fresh/Chilled Fruit  
Low Fat Milk

**2**  
Mini Bagels W/ Cream Cheese  
100% Fruit Juice/ Fresh Fruit  
Low Fat Milk

**12**  
Cereal Bowl  
Dried Fruits Fresh/Chilled Fruit  
Low Fat Milk

**13**  
Yogurt  
WG Bagel w/ Cream Cheese  
Fresh/Chilled Fruit  
Low Fat Milk

**14**  
Cinnamon Roll  
100% Fruit Juice/ Fresh Fruit  
Low Fat Milk

**8**  
WG Muffin  
Fresh/Chilled Fruit  
Low Fat Milk

**9**  
Mini Cinnis  
100% Fruit Juice/ Fresh Fruit  
Low Fat Milk

**15**  
WG Muffin  
Fresh/Chilled Fruit  
Low Fat Milk

**16**  
Mini Bagels W/ Cream Cheese  
100% Fruit Juice/ Fresh Fruit  
Low Fat Milk

**19**  
Cereal Bowl  
Dried Fruits Fresh/Chilled Fruit  
Low Fat Milk

**20**  
Apple Frudel  
Fresh/Chilled Fruit  
Low Fat Milk

**21**  
WG Belgian Waffle or Poffitz  
100% Fruit Juice/ Fresh Fruit  
Low Fat Milk

**22**  
WG Muffin  
Fresh/Chilled Fruit  
Low Fat Milk

**23**  
Mini Cinnis  
100% Fruit Juice/ Fresh Fruit  
Low Fat Milk

**26**  
Cereal Bowl  
Dried Fruits Fresh/Chilled Fruit  
Low Fat Milk

**27**  
Yogurt  
WG Bagel w/ Cream Cheese  
Fresh/Chilled Fruit  
Low Fat Milk

**28**  
Cinnamon Roll  
100% Fruit Juice/ Fresh Fruit  
Low Fat Milk

**29**  
WG Muffin  
Fresh/Chilled Fruit  
Low Fat Milk

**30**  
Mini Bagels W/ Cream Cheese  
100% Fruit Juice/ Fresh Fruit  
Low Fat Milk