

Monday
Tuesday
Wednesday
Thursday
Friday
1

Yogurt
WG Bagel w/ Cream Cheese
Fresh/Chilled Fruit
Low Fat Milk

2

Cinnamon Roll
100% Fruit Juice/ Fresh Fruit
Low Fat Milk

3

WG Muffin
Fresh/Chilled Fruit
Low Fat Milk

4

Mini Bagels W/ Cream Cheese
100% Fruit Juice/ Fresh Fruit
Low Fat Milk

7

HOLIDAY

8

Apple Frudel
Fresh/Chilled Fruit
Low Fat Milk

9

WG Belgian Waffle or Poffitz
100% Fruit Juice/ Fresh Fruit
Low Fat Milk

10

WG Muffin
Fresh/Chilled Fruit
Low Fat Milk

11

Mini Cinnis
100% Fruit Juice/ Fresh Fruit
Low Fat Milk

14

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk

15

Yogurt
WG Bagel w/ Cream Cheese
Fresh/Chilled Fruit
Low Fat Milk

16

Cinnamon Roll
100% Fruit Juice/ Fresh Fruit
Low Fat Milk

17

WG Muffin
Fresh/Chilled Fruit
Low Fat Milk

18

Mini Bagels W/ Cream Cheese
100% Fruit Juice/ Fresh Fruit
Low Fat Milk

21

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk

22

Apple Frudel
Fresh/Chilled Fruit
Low Fat Milk

23

WG Belgian Waffle or Poffitz
100% Fruit Juice/ Fresh Fruit
Low Fat Milk

24

WG Muffin
Fresh/Chilled Fruit
Low Fat Milk

25

HOLIDAY

28

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk

29

Yogurt
WG Bagel w/ Cream Cheese
Fresh/Chilled Fruit
Low Fat Milk

30

Cinnamon Roll
100% Fruit Juice/ Fresh Fruit
Low Fat Milk