

Monday

Tuesday

Wednesday

Thursday

Friday

1
 WG Muffin
 100% Juice/ Local Fresh Fruit
 Low Fat Milk

4
 Cereal Bowl
 Dried Fruits Fresh/Chilled Fruit
 Low Fat Milk

5
 Yogurt
 WG Bagel w/ Cream Cheese
 Local Fresh Fruit
 Low Fat Milk

6
 Mini Bagels W/ Cream Cheese
 100% Fruit Juice/ Fresh Fruit
 Low Fat Milk

7
 Cinnamon Roll
 Chilled/ Fresh Fruit
 Low Fat Milk

8
 WG Muffin
 100% Juice/ Local Fresh Fruit
 Low Fat Milk

11
 Cereal Bowl
 Dried Fruits Fresh/Chilled Fruit
 Low Fat Milk

12
 Apple Frudel
 Fresh/Chilled Local Fruit
 Low Fat Milk

13
 WG Belgian Waffle or Poffitz
 100% Fruit Juice Fresh /Fruit
 Low Fat Milk

14
 Mini Cinnis
 Fresh/Chilled Fruit
 Low Fat Milk

15
 WG Muffin
 100% Juice/ Local Fresh Fruit
 Low Fat Milk

18
 Cereal Bowl
 Dried Fruits Fresh/Chilled Fruit
 Low Fat Milk

19
 Yogurt
 WG Bagel w/ Cream Cheese
 Local Fresh Fruit
 Low Fat Milk

20
 Mini Bagels W/ Cream Cheese
 100% Fruit Juice/ Fresh Fruit
 Low Fat Milk

21
 Cinnamon Roll
 Chilled/ Fresh Fruit
 Low Fat Milk

22
 WG Muffin
 100% Juice/ Local Fresh Fruit
 Low Fat Milk

25
 HOLIDAY

26
 Cereal Bowl
 Dried Fruits Fresh/Chilled Fruit
 Low Fat Milk

27
 WG Belgian Waffle or Poffitz
 100% Fruit Juice Fresh /Fruit
 Low Fat Milk

28
 Mini Cinnis
 Fresh/Chilled Fruit
 Low Fat Milk

29
 WG Muffin
 100% Juice/ Local Fresh Fruit
 Low Fat Milk