

Monday

Tuesday

Wednesday

Thursday

Friday

1

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk
Non-Fat Milk

2

Apple Frudel
Fresh/Chilled Local Fruit
Low Fat Milk
Non-Fat Milk

3

WG Mini Waffle or Pancakes
100% Fruit Juice Fresh /Fruit
Low Fat Milk
Non-Fat Milk

4

Mini Cinnis
Fresh/Chilled Fruit
Low Fat Milk
Non-Fat Milk

5

WG Muffin
100% Juice/ Local Fresh Fruit
Low Fat Milk
Non-Fat Milk

8

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk
Non-Fat Milk

9

Yogurt
WG Bagel w/ Cream Cheese
Local Fresh Fruit
Low Fat Milk
Non-Fat Milk

10

Mini Bagels W/ Cream Cheese
100% Fruit Juice/ Fresh Fruit
Low Fat Milk
Non-Fat Milk

11

Cinnamon Roll
Chilled/ Fresh Fruit
Low Fat Milk
Non-Fat Milk

12

WG Muffin
100% Juice/ Local Fresh Fruit
Low Fat Milk
Non-Fat Milk

15

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk
Non-Fat Milk

16

Apple Frudel
Fresh/Chilled Local Fruit
Low Fat Milk
Non-Fat Milk

17

WG Mini Waffle or Pancakes
100% Fruit Juice Fresh /Fruit
Low Fat Milk
Non-Fat Milk

18

Mini Cinnis
Fresh/Chilled Fruit
Low Fat Milk
Non-Fat Milk

19

WG Muffin
100% Juice/ Local Fresh Fruit
Low Fat Milk
Non-Fat Milk

22

HOLIDAY

23

HOLIDAY

24

HOLIDAY

25

HOLIDAY

26

HOLIDAY

29

HOLIDAY

30

HOLIDAY

31

HOLIDAY

