



Monday

Tuesday

Wednesday

Thursday

Friday



3

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk
Non-Fat Milk

4

Yogurt
WG Bagel w/ Cream Cheese
Local Fresh Fruit
Low Fat Milk
Non-Fat Milk

5

WG Mini Waffle or Pancakes
100% Fruit Juice Fresh /Fruit
Low Fat Milk
Non-Fat Milk

6

Cinnamon Roll
Chilled/ Fresh Fruit
Low Fat Milk
Non-Fat Milk

7

WG Muffin
100% Juice/ Local Fresh Fruit
Low Fat Milk
Non-Fat Milk

10

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk
Non-Fat Milk

11

HOLIDAY

12

Mini Bagels W/ Cream Cheese
100% Fruit Juice/ Fresh Fruit
Low Fat Milk
Non-Fat Milk

13

Mini Cinnis
Fresh/Chilled Fruit
Low Fat Milk
Non-Fat Milk

14

WG Muffin
100% Juice/ Local Fresh Fruit
Low Fat Milk
Non-Fat Milk

17

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk
Non-Fat Milk

18

Yogurt
WG Bagel w/ Cream Cheese
Local Fresh Fruit
Low Fat Milk
Non-Fat Milk

19

WG Mini Waffle or Pancakes
100% Fruit Juice Fresh /Fruit
Low Fat Milk
Non-Fat Milk

20

Cinnamon Roll
Chilled/ Fresh Fruit
Low Fat Milk
Non-Fat Milk

21

WG Muffin
100% Juice/ Local Fresh Fruit
Low Fat Milk
Non-Fat Milk

24

HOLIDAY

25

HOLIDAY

26

HOLIDAY

27

HOLIDAY

28

HOLIDAY