

The list of behavioral health services is the most comprehensive and only updated list for *Sacramento County Behavioral Health Services*

Sacramento County Mental Health Services Website -
<https://dhs.saccounty.gov/BHS/Pages/BHS-Home.aspx>

24-7 Sacramento Mental Health Crisis or Walk-in Service:

Mental Health Urgent Care Clinic (MHUCC) All Ages - Provide 24/7 crisis services on a walk-in basis to individuals of all ages needing mental health and/or co-occurring substance use supports. Please [click here](#) for more information.

Location: 2130 Stockton Blvd, Bldg 300, Sacramento, CA 95817

Phone: (916) 520-2460

Hours of Operation: (916) 520-2460

Other Walk- in Services (Not 24/7)

Adult/Child Provider Services – Sacramento County provides walk-in services for both youth and adults who are experiencing low to moderate mental health needs. Please [click here](#) to see current service availability, which may change on a weekly basis.

Substance Use Prevention and Treatment Services

Sacramento Co. provides prevention and treatment services for alcohol and drug use/abuse. We contract with an array of community-based service providers throughout Sacramento County. The range of services provided through these organizations includes outpatient treatment, medication-assisted treatment, withdrawal management (detoxification), residential treatment, perinatal services, and sober living environments/recovery residences.

To determine treatment needs and level of care to support recovery, a preliminary assessment will be conducted by our clinical staff. To request an over-the-phone assessment and referral to an appropriate treatment provider, please call:

Monday – Friday: 8 am - 5 pm: (916) 874-9754 or toll free (888) 881-4881
After Hours: (888) 881-4881

Learn more about [substance use prevention and treatment services](#).

Local Behavioral Health Crisis Support & Resources

- National Suicide and Crisis Life Line: 988
- Community Support Team (All ages): 916-874-6015
- Consumer-Operated Warm Line: 916-366-4668
- Crisis Respite Center (18yrs +, 24/7) 1-916-RESPITE

- Mental Health Access Line (24/7): (888) 881-4881 CA Relay: 711
- Mental Health Urgent Care Clinic (All ages): 916-520-2460
- Senior Link (55yrs +): 916-369-7872
- Substance Use Prevention and Treatment Services: (916) 874-9754
- The Source (up to 26yrs and Caregivers, 24/7) call/text: 916-SUPPORT
- Youth Help Network (16-25yrs) call/text: 916- 860-9819

Resource Flyers

- [Mental Health Service Request \(Access\)](#)
- [Substance Use Prevention and Treatment Services](#)
- [Sacramento County Services and Resources Flyer- English](#)
- [Sacramento County Services and Resources Flyer- Arabic](#)
- [Sacramento County Services and Resources Flyer- Chinese](#)
- [Sacramento County Services and Resources Flyer- Dari](#)
- [Sacramento County Services and Resources Flyer- Farsi](#)
- [Sacramento County Services and Resources Flyer- Hmong](#)
- [Sacramento County Services and Resources Flyer- Pashto](#)
- [Sacramento County Services and Resources Flyer- Russian](#)
- [Sacramento County Services and Resources Flyer- Spanish](#)
- [Sacramento County Services and Resources Flyer- Vietnamese](#)